



Savvy Senior Expo

Breakout Session Schedule

Breakout Session Schedule by Time

Time	Location	Session Name	Presenter
9:30—10:30	Room 408	Zumba	Jodi Anderson
10:30—11:00	Room 404	Medicare 101	Sarah Florimonte
11:15—12:00	Room 404	Choosing Electric & Gas	Kathryn Metz
12:00—12:30	Gym	Brain Fitness Exercises	Volunteer Led
12:30—1:30	Room 404	Supplements	Marty Eng
11:15—12:15	Room 408	Preparing to Downsize	Lori Firsdon
12:30—1:00	Room 408	Senior Scams	Katie Harper
1:30—2:15	Room 408	New Mindset for Aging	Maureen McCarthy-Magill
2:30—3:30	Room 404	Legal Chat	Dave Cusack

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Legal Chat	2:30—3:30	Room 404	Dave Cusack
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Supplements	12:30—1:30	Room 404	Marty Eng
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Zumba	9:30—10:30	Room 408	Jodi Anderson



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Our Speakers & Instructors



Jodi Anderson lives in Xenia. She has been teaching Zumba since 2011 and says she loves teaching Zumba classes since every class feels like a party.



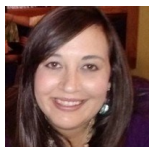
Kathryn Metz is the Senior Outreach & Education Program Specialist, Office of the Ohio Consumers' Counsel. The OCC is the residential utility consumer advocate.



Marty Eng is a Board Certified Geriatric Pharmacist and Certified Dementia Care Practitioner. He has been a Professor of Pharmacy at Cedarville University since July 2012, and was with the University of Kansas School of Pharmacy from 2002 to 2012.



Dave Cusack is an attorney at Cusack Law Office, Beavercreek, Ohio, specializing in estate planning. Mr Cusack, a graduate of Wright State University and Akron School of Law, has presented the popular Legal Chat sessions for many years.



Sarah Florimonte is the Community Liaison at Ohio Department of Insurance.



Lori Firsdon founded Forte Organizers in 2006, utilizing the skills she cultivated earlier in her life. She has helped thousands of people organize their lives through her seminars, consulting, newspaper column and her inspirational book.

Katie Harper is the Outreach Coordinator for Ohio Attorney General Dave Yost's Consumer Protection Section. As an outreach coordinator, Katie conducts presentations to groups across the state to teach Ohioans about their rights and how to avoid scams. Katie also works to continue to increase the audiences which receive consumer protection presentations.



Maureen McCarthy-Magill is a Greene County Council on Aging care manager and facilitator of education and support programs. Maureen graduated with a master's degree from Wright State University and is a licensed social worker.